

REFLECTION QUESTIONS



General (PERSONALITY)

- What are my child's greatest strengths?
- Do I perceive any persistent weaknesses?
- What do they enjoy right now?
- What is their behavior style (introvert or extrovert, task driven or social)?
- How do they recharge, and are they getting enough time to do so?)
- What is their love language, and how do they show love?
- When do they feel successful or defeated?

Character

- What is their hot button?
- Can I trust them to be honest?
- Is obedience to authority a priority to them?
- Is my child learning to be diligent in his or her tasks and work with a cheerful heart?
- Are they quick to repent and ask forgiveness?
- Is my child learning to practice self-control (anger, food, exercise, emotions, sexuality)?

Faith

- Do I know they are saved?
- Do I see fruit of that decision?
- What is their spiritual pathway (how do they connect with the Lord)?
- Can I discern my child's spiritual gifts and how have I seen him/her used by the Lord?
- Is my child spending time in the Word of God?

Vision

- What do I think they may be in the future?
- What talents do they have?
- Am I regularly expressing excitement to my child about the future the Lord has for him or her?

Education/Self-Care

- What is my child's learning style?
- What are their academic strengths and weaknesses?
- Do I know of any regular fears or things that cause my child anxiety?
- Is my child learning and practicing age-appropriate hygiene?
- Do I have health concerns for them?

Relationships

- Who does my child connect with in this season (parents, teachers, coaches, pastors)?
- Describe the relationship with each parent in this season
- Who are my child's closest friends, and what kind of influence are they having on my child?
- What kind of influence is my child on others?
- What do I know about their relationship with opposite sex and what do they need to learn?

Action

- As I review these answers to these questions, what do I need to cultivate in my child right now?
- As I consider this season, do I sense any promptings from the Lord related to this child?
- Is there something I need to teach them right now (about God, about life, about themselves, about others)?
- Is there a new habit I need to help them develop or encourage them to break?
- Is there an attitude that needs to be challenged or encouraged?
- What do I need to commit to prayer?
- What are three words I would like to be used to describe this child?

